



www.NCimplant.com | 919-841-1720 | info@ncimplant.com

Pre-Operative Instructions

IV Sedation: With the aid of sedation, your surgery will be very pleasant. The medication will be given intravenously and, in most cases, local anesthesia will also be utilized.

Driver Needed: It is absolutely essential that you have a responsible adult bring you to the office, drive you home and care for you the day of surgery. This person needs to wait in the waiting room throughout your procedure. We cannot do the procedure if they leave. You will need to arrange to have someone at home with you the afternoon and night of surgery. The profound effects of the sedation will subside prior to your discharge from the office. However, you should plan to go home, stay comfortable and avoid extraneous activities for the remainder of the day.

Food & Drink: If surgery is in the morning, do not eat or drink anything after midnight the night prior to the surgery. If medication is taken prior to surgery, swallow it with only a small amount of water. **Do not eat or drink anything else until after your procedure. If you eat or drink anything 8 hours prior to surgery it will have serious consequences with the anesthesia and your procedure may be cancelled.**

Under 18: If you are a minor, at least one parent or guardian must be with you.

Get a good night's sleep before your surgery.

Surgery Attire: Please wear loose fitting, comfortable clothing with short sleeves. Do not wear a tight collar or necktie. False eyelashes or contact lenses should not be worn. Wear low heeled shoes. Also, you should try to empty your bladder immediately before your surgery.

Illness: If you develop a cold, sore throat, upset stomach, diarrhea, etc., prior to surgery, please notify us as soon as possible.

Diet: We advise that you purchase protein drinks (Ensure, Boost, etc.) and have them in your house for after the surgery.

After Surgery Care: Post-operative instructions will be given to your escort on the day of your surgery. If you would like to read the instructions prior to your surgery you may go to our website www.ncimplant.com and look under the tab For Patients. There you will find the post-operative instructions.

We look forward to being of service to you for your oral or facial surgical care. Please call our office if you have any questions at 919-841-1720.